

# Professional Development Activity



**Title :** Family medicine rounds  
**Activity# :** 89906  
**Date :** Tuesday April 16, 2024  
**Place :** Centre médical Brunswick  
**Details :** RESERVED for the GENERAL PRACTITIONERS of the "CIUSSS de l'OUEST-de-l'ILE"

## Objectives

By the end of the conference, the participant will be able to:

### Understanding Obesity

1. Define obesity and its causes and risk factors;
2. Identify the causes of cravings;
3. Review the connection to mental health and the impact of both mental health problems and psychopharmacotherapy on obesity and cravings;
4. Develop tools to address cravings.

### Impact of Obesity: How to Approach Comorbidities of Obesity

1. Identify the burden of obesity in Quebec;
2. Review the top 10 comorbidities of obesity;
3. Describe how lifestyle changes and weight loss can decrease mortality and morbidities;
4. Develop tools to better manage obesity and comorbidities in the office setting, with a special focus on fatty liver.

**Moderator :** Dr. Barbara Hogenbirk

## Schedule

2024-04-16	08:30	10:00	Conférence	Understanding Obesity	Dr. Alexandro Zarruk
2024-04-16	10:00	10:15	Pause/Repas		
2024-04-16	10:15	11:45	Conférence	Impact of Obesity: How to Approach Comorbidities of Obesity	Dr. Alexandro Zarruk

### ONLINE REGISTRATION IS REQUIRED

If you wish to participate to this in-person training, please register by clicking on the "Events and Continuing education" button on the homepage of our website [www.amom.net](http://www.amom.net). If you do not have an online account, you will need to create one.

Warning: Technical support cannot be guaranteed within 24 hours of the conference date. We kindly ask you to register in advance to ensure smooth participation in the event.

Places are limited to 35 participants.

L'Association des médecins omnipraticiens de Montréal, under the aegis of the FMOQ, recognizes 3.00 hour(s) of professional development activity as required by the professional development regulations of the CMQ.. The Code of Ethics of the Conseil québécois de développement professionnel continu des médecins (CQDPCM) must be respected ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

This activity has received an educational subsidy from Bausch Health Canada & Novo Nordisk Canada.



*Participants are invited to create an account at [www.fmoq.org](http://www.fmoq.org) by clicking on the « se connecter » link. An account will allow you to complete the activity evaluation at <https://evaluation.fmoq.org> as well as to download a copy of your attestation (charges may apply for health professionals who are neither members of the FMOQ nor medical residents) at <https://padpc.fmoq.org>*

This activity is eligible for training allowances.