

Professional Development Activity



Title : Hormones throughout the life cycle | Yes it CANMATter !!

Activity# : 90392

Date : Tuesday June 04, 2024

Place : Perles et Paddock restaurant

Details : 403 rue des Seigneurs, Montréal, H3J 1X7

RESERVED for general practitioners* and other healthcare professionals of the MDCM CLINIC. * Fees apply for non-members.

Objectives

At the end of these conferences, participant will be able to:

Hormones throughout the life cycle

1. Discuss different methods of hormonal contraception;
2. Review menopausal transition and this stage called perimenopause;
3. List the treatment options that may be offered in perimenopause and the role of COCs in this context;
4. Review the latest HRT guidelines and recommendations;
5. Demystify local and systemic bio-identical hormone therapy;
6. List the treatment options that may be offered in menopause.

Yes it CANMATter!! Much anticipated guidelines with the most practical pearls for biopsychosocial depression treatment

1. Known and understand the premium world guidelines for depression treatment from The Canadian Mood and anxiety treatment consortium;
2. Apply the guidelines and their changes to your individual practice;
3. Apply recommendations therein to lifestyle modification, complimentary treatments, and light therapy;
4. Apply the 3 most useful short term psychotherapies to treatment: the 5 Ws;
5. Know how long to treat depression;
6. Treat depression with the appropriate doses and adjuvants of somatic therapy.

Moderator : Dre Anïa Tissakht

Schedule

2024-06-04	17:45	18:00	Accueil/Clôture		
2024-06-04	18:00	19:30	Conférence	Hormones throughout the life cycle	Dre Chantal Lafortune
2024-06-04	19:40	21:10	Conférence	Yes it CANMATter !! Much anticipated guidelines with the most practical pearls for biopsychosocial depression treatment	Dr. Fiore Lalla
2024-06-04	21:10	21:30	Accueil/Clôture		

ONLINE REGISTRATION IS REQUIRED

To receive training credits, registration is required. Please go to the 'Events and Continuing Education' section on www.amom.net to complete your registration. If you don't have an online account yet, you'll need to create one.

Warning: Technical support cannot be guaranteed within 24 hours of the conference date. We kindly ask you to register in advance to ensure smooth participation in the event.

Places are limited to 45 participants.

L'Association des médecins omnipraticiens de Montréal, under the aegis of the FMOQ, recognizes 3.00 hour(s) of professional development activity as required by the professional development regulations of the CMQ.. The Code of Ethics of the Conseil québécois de développement professionnel continu des médecins (CQDPCM) must be respected (www.cqdpcm.ca).

This activity has received an educational subsidy from Searchlight Pharma inc. & Lundbeck Canada Inc.



Participants are invited to create an account at www.fmoq.org by clicking on the « se connecter » link. An account will allow you to complete the activity evaluation at <https://evaluation.fmoq.org> as well as to download a copy of your attestation (charges may apply for health professionals who are neither members of the FMOQ nor medical residents) at <https://padpc.fmoq.org>

This activity is eligible for training allowances.