

# Professional Development Activity



**Title :** Family Medicine Rounds

**Activity# :** 95218

**Date :** Tuesday June 10, 2025

**Place :** Centre médical Brunswick

**Details :** RESERVED for general practitioners and other healthcare professionals of the "CIUSSS of the WEST of Montreal Island". Fees apply to non members of the AMOM for training sessions of 3 hours or more.

## Objectives

By the end the conference, the participant will be able to:

### Glucose Monitoring in Type 2 Diabetes for the Family Doctor

1. Understand the advantages and disadvantages of different methods of glucose monitoring, including A1C, fasting blood glucose, oral glucose tolerance tests, Blood Glucose Monitoring and glucose sensing technology;
2. Compare the different glucose sensing technologies available, how to prescribe and use them, and address public and private insurance coverage;
3. Interpret the data provided by continuous glucose monitoring, such as Time In Range and Ambulatory Glucose Profile;
4. Apply interventions, both pharmacological and non-pharmacological, that improve glycemic control based on patient cases.

### Weight Wise: Understanding and treating obesity and its medical and surgical management

1. Diagnose obesity and discuss its potential complications as a chronic illness;
2. Analyze the role and effectiveness of lifestyle interventions, pharmacotherapy, and surgery in the treatment of obesity and its comorbidities, with a special focus on class 3 obesity;
3. Compare and contrast the various types of bariatric surgeries and their risks and benefits;
4. Diagnose and treat post-bariatric surgery complications, in the short and long term and prevent and treat weight regain post bariatric surgery.

**Moderator :** Dr. Barbara Hogenbirk

## Schedule

2025-06-10	08:30	10:00	Conférence	Glucose Monitoring in Type 2 Diabetes for the Family Doctor	Dr. Michael Tsoukas
2025-06-10	10:00	10:15	Pause/Repas		
2025-06-10	10:15	11:45	Conférence	Weight Wise: Understanding and treating obesity and its medical and surgical management	Dr. Michael Tsoukas

ONLINE REGISTRATION and SIGNING the ATTENDANCE LIST are REQUIRED to receive training credits (certificate). Please go to the 'Events and Continuing Education' section on [www.amom.net](http://www.amom.net) to complete your registration. If you don't have an online account yet, you'll need to create one.

Technical support cannot be guaranteed within 24 hours of the conference date. We kindly ask you to register in advance to ensure smooth participation in the event.

Places are limited to 30 participants.

L'Association des médecins omnipraticiens de Montréal, under the aegis of the FMOQ, recognizes 3.00 hour(s) of professional development activity as required by the professional development regulations of the CMQ.. The Code of Ethics of the Conseil québécois de développement professionnel continu des médecins (CQDPCM) must be respected ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

This activity has received an educational subsidy from Abbott Laboratories Co. & Novo Nordisk Canada Inc.

*Participants are invited to create an account at [www.fmoq.org](http://www.fmoq.org) by clicking on the « se connecter » link. An account will allow you to complete the activity evaluation at <https://evaluation.fmoq.org> as well as to download a copy of your attestation (charges may apply for health professionals who are neither members of the FMOQ nor medical residents) at <https://padpc.fmoq.org>*

This activity is eligible for training allowances.