



Newsletter - October 2026

Message from the president



Dear Members,

As I write these lines, we are just hours away from the announcement of the results of the provincial election. Over the past few months, your association has reached out to candidates from all political parties and held meetings to raise awareness of the realities and challenges you face on a daily basis. Montreal represents nearly 25% of Quebec's population: our population is aging, needs are increasing, and the care required is becoming increasingly complex, all while the shortage of family physicians is recognized.

Regardless of the outcome of today's provincial election, we will all remain present and committed to being there for our patients and for our profession. Your association will also continue its advocacy efforts with elected officials, always with a view to collaboration.

We were present and actively engaged in the FMOQ activities held last Friday and Saturday, October 2nd and 3rd. Below are the key information and updates presented by the FMOQ during the *Commission des Présidents* and the *Conseil des délégués* meetings held on October 2nd and 3rd.

Update on the new Accord-cadre

Follow-up on the 500,000 new registrations (*inscriptions*)

The initiative aimed at increasing new registrations has exceeded the target of 500,000, reaching 700,000 registrations. Payments of the registration *forfaits* are expected in November 2026, next month.

New *modèle composé* of remuneration in first-line care (50% capitation, 30% fee-for-service, 20% hourly rate)

The FMOQ indicated that work is continuing, particularly regarding the determination of the quantum amounts, which are not yet available at this time. A video explaining the new remuneration model will be prepared over the coming days and made available to members around October 20th. An evolving Frequently Asked Questions (FAQ) document is also planned. Finally, the FMOQ plans to make a calculator tool available to members to allow them to conduct financial simulations once the quantum amounts have been determined.

Once the work has been completed and the decision-making bodies have reached an agreement, the RAMQ will undertake work expected to take 12 to 18 months to program the new *modèle composé*, after which it will be implemented in practice.

The FMOQ is also actively working to provide members with *forfaits* intended to compensate for delays associated with the implementation of this new model. Further details will follow regarding the dates and amounts planned for these initial payments.

Here are the details regarding the new *modèle composé* that were presented at this Saturday's *Conseil des délégués* meeting: [click here](#).

Second-line care sectors

The FMOQ also confirmed that increases in remuneration are planned for all second-line sectors. Further details regarding timelines and allocated amounts will follow.

We are closely monitoring the situation and will continue to share any new information communicated to us. In the meantime, please do not hesitate to contact us with any specific questions or if you require support: info@amom.net.

Cybersecurity

In this era of technological evolution, the FMOQ has indicated that medical clinics operating *hors établissement* must obtain cybersecurity insurance. The CMPA recently sent a notice to its members on this matter. The FMOQ is currently assessing the situation and the recommended insurance coverage options. Further details will follow.

CNESST File

PMSD Form

The physician may choose whether to refer to Public Health. Physicians are not required to search through the protocols.

ATT Form

The form will be modified, and the assessment will focus on a single task. If the task is suitable, there will be no requirement to complete the section on temporary functional limitations (LFT).

A 20% fee increase is planned as of October 21, 2022, with the fee increasing to a final amount of \$102.94 for 2026 following the applicable indexations.

DAAMM

Clarification: the update to the agreement takes effect retroactively as of October 30, 2024.

Échographie guidée

The FMOQ provided the following information:

- A remuneration supplement for ultrasound guidance applies to designated diagnostic and therapeutic procedures. This supplement does not apply to procedures whose fee description already includes ultrasound or ultrasound-scope guidance.
- **Tarif établissement: \$26.40** – supplement per ultrasound-guided procedure (professional component).
- **Tarif cabinet: \$74.75** – supplement per ultrasound-guided procedure (\$26.40 + \$48.35 for the technical component).
- The *actes non tarifés* (ANT) performed under ultrasound guidance are currently the subject of separate work.
- These out-of-envelope supplements for ultrasound-guided procedures are expected to take effect as of April 24th, 2025.

Reminder: Lack of Resources in GMFs

It is important to reiterate that shortages of resources in GMFs should not be tolerated. A dispute resolution mechanism is in place (*résolution des différends*). If you need advice, please reach out to us.

We recognize that the uncertainty surrounding the new *Accord-cadre*, as well as the date on which it will be implemented, is causing concern and, for some of you, frustration. Please know that we are very sensitive to this reality and that we stand in solidarity with you in all of our advocacy efforts and representations.

Beyond these practical and remuneration-related issues, we also continue to invest in your well-being and in preparing for our Annual General Meeting, as well as the celebration of our association's 65th anniversary. Read on for all the details!

In solidarity,
Genevieve Chaput
President, AMOM

The AMOM in action

Help Expand Access to Continuing Medical Education

Many of you have expressed an interest in having greater access to continuing medical education (CME) opportunities, regardless of your area of practice in Montreal.

By taking a few minutes to complete our short survey on turnkey CME programs, you will help us expand access to these educational opportunities for physicians across all areas of Montreal.

[Complete survey](#)

CMQ Elections: Cast Your Vote by October 7 at 4:00 p.m.

Voting for the election of members to the Board of Directors of the Collège des médecins du Québec (CMQ) is now underway and will close on **October 7 at 4:00 p.m.**

Your voice matters!

The AMOM strongly encourages all eligible physicians in Montreal and Laval to take a few minutes to **review the candidates and cast their vote**. Your

participation helps ensure that physicians' voices are heard within the CMQ's decision-making bodies.

Review the candidates and cast your vote by October 7

Call for Nominations – AMOM Delegation 2026–2027

The decisions shaping family medicine need the voices of the physicians who experience its realities every day. **What if that voice were yours?**

By becoming an **AMOM delegate or alternate delegate**, you can play an active role in representing Montreal family physicians and helping shape the directions that affect your practice, both today and in the future.

Why get involved?

- **Represent your colleagues** and bring frontline realities to the AMOM and FMOQ.
- **Take part in discussions and decisions** that help shape the future of family medicine.
- **Help advocate for the interests** of family physicians and their patients.
- **Connect with engaged colleagues**, expand your professional network and be part of an active community.

Submit your candidacy by November 20, 2026, at 11:59 p.m.

Learn more

A look back at our Wellness Day at La Guilde Culinaire!

Under the theme “Let food be thy medicine,” we welcomed nearly 50 of our physicians members for a memorable day dedicated to well-being.

On the agenda:

A morning of continuing medical education aligned with our theme, followed by an extraordinary culinary experience!

Our speakers, Dr. Vincent Laliberté and Dr. Catherine Bouchard, delivered excellent presentations that certainly set the stage for what was to come.

In the afternoon, our members received an engaging culinary lesson from the chef before putting on their own aprons. With 45 minutes on the clock, each team was challenged to create a culinary creation using a mystery ingredient!

A little pressure. Lots of creativity. Plenty of laughter. And a wonderful way to end the day with a shared tasting experience.

A huge thank you to our speakers, our Wellness committee, and everyone who helped make this annual event such an enjoyable day!

Taking care of those who take care of others means taking care of our healthcare system.

Visit our social media pages to view the pictures of this fun day:

Facebook: <https://www.facebook.com/share/p/1EVvo2iTKU/>

LinkedIn:

<https://www.linkedin.com/feed/update/urn:li:activity:7510290077512757248>

Do not miss

La Grande marche – Grand défi Pierre Lavoie | October 18



On October 18, join us for the 12th edition of LA GRANDE MARCHE, presented by the FMOQ and the Grand défi Pierre Lavoie.

Free and open to everyone, LA GRANDE MARCHE invites members of the public, family physicians and their loved ones to walk 5 km at their own pace, while promoting the importance of physical activity and healthy lifestyle habits.

Lace up your shoes and join us in Montreal on October 18!

AMOM AGM and 65th Anniversary – November 20, 2026

The AMOM looks forward to welcoming you on November 20 at the Centre Mont-Royal for its annual conference and Annual General Meeting (AGM).

This year's program will feature two presentations:

- **Approach to Elevated ALT Levels and Hepatic Steatosis**
- **Dermatology Potpourri**

This year's event will be especially meaningful as we celebrate the AMOM's 65th anniversary! Following the AGM, join us for a festive 5 à 7, featuring prize draws and surprises, as we come together to mark this important milestone in our history.

Keep an eye on your inbox! The full program and registration details will be sent to you on October 23.

Continuing Medical Education

We invite you to check our training calendar regularly to discover [upcoming activities](#).

To view the FMOQ's upcoming conferences, visit the [FMOQ Events Calendar](#).

Our trusted partners

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Discover ImmoMédica, a new private medical real estate fund created by and for physicians. An innovative investment solution that allows you to participate in the value you help create.

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Sogemec Assurances

Exclusive Property and Casualty Insurance for FMOQ Members

As a trusted partner of Quebec physicians for more than 40 years, **Sogemec Assurances** supports FMOQ members in protecting their personal and professional assets.

Through **Sogemec Assurances** and **La Personnelle**, FMOQ members have access to preferred rates on auto, home and business insurance.

Whether you are a homeowner, tenant, self-employed professional or incorporated physician, it is important to ensure that your coverage continues to meet your current needs.

Business Insurance

Discover insurance solutions designed for professionals and business owners:

[Learn more](#)

Auto and Home Insurance

Take advantage of exclusive benefits available to FMOQ members: [Learn more](#)

For any questions regarding your insurance needs, please contact your Sogemec Assurances advisors.

Stay connected

Follow us on social media to stay up to date with the latest news, projects, and events from your Association.

